

The Hove to.

Jib is pulled towards the wind and cleated this is also known as:

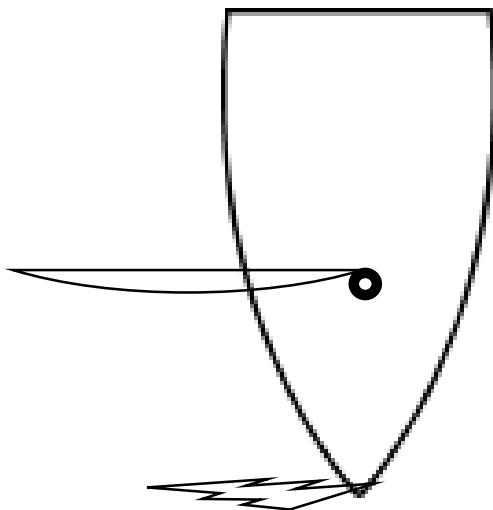
Backing the jib

The rudder is pushed towards the mainsail which has been freed off and flapping.

Doing this, has the action of driving the boat towards the wind, but the jib being backed pushes the nose of the boat back again, a balancing action.

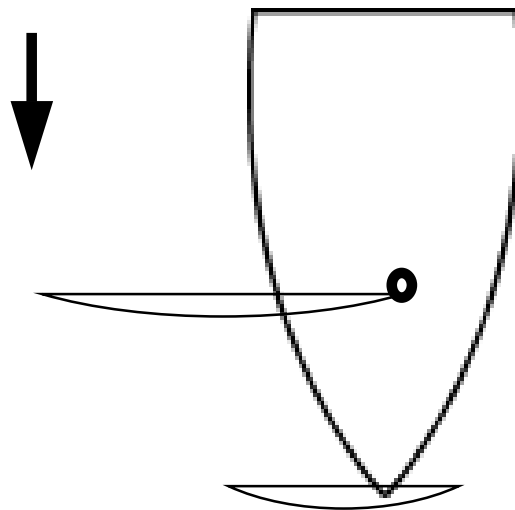
This can be used in quite high winds so as to have a breather or a drink or to change over crews. Never be afraid to use it, but always point the boat **away** from danger, or you will drift towards it.

When you are running into danger and you **have** to make a tack on the first go, the crew backing the jib as the boat comes head to wind, will help you get round easier. Release the jib as soon as you are round though.



When running before the wind, and you need to gibe, watch that you do not gibe accidentally before you are ready.

Watch the jib, when it starts to flap, if the wind changes direction suddenly, and goes round the back of the sail, you could do an accidental gibe



To enable to get yourself ready for the gibe, try coming back onto a **broad reach** across the wind.

You will not now gibe accidentally, so you can get yourself ready.

This is called **The Training Run**